



Cambridgeshire Scout Expeditions (CaSE) Newsletter—November 2009

Excitement is mounting with just 2 weeks to go before we are on our way to the Gambia. It was a pleasure meeting everyone at Lochgoilhead at the beginning of October and by the look of it you all had great fun.

Reminder of the message sent a couple of weeks ago by George: "Because of changes in exchange rates and a number of other issues our budget is now fairly tight, in fact we are probably about £2.5K short on the project budget. I know that some of you are now over your target and forging ahead with your fund raising and I appreciate your support. Can I ask all of you, where possible, to maintain as much momentum with your fund raising as you can".

Please make sure you keep an eye on your e-mail messages over the next couple of weeks, not having to worry whether a message has been seen or not will make life a lot easier for the leaders. Looking forward to meeting everyone again at Gatwick.



Trip and Medical Form

You have all received a letter from George re our additional expedition. George will collect forms when he visits Edinburgh next week; everyone else should have returned their form to Jane by now.

Medical Forms need to be with Jane by 24 November.

Reminder

No mobile phones, ip players etc are allowed. If you wish to bring such items for use whilst travelling to the airport they may be left with Dave Pain and he will return them on arrival back in the UK.

As notified at the training weekend we shall endeavour to send messaged back to the UK whilst we are away. You should have let Jane know details of a home e-mail address, if this has not been done please do so by 27 November.

Details of the Emergency Contact whilst we are away will be circulated shortly.

Our Arrival

When we arrive it will be very hot and sunny, make sure sunglasses and hats are in your hand luggage. We shall stay overnight in Banjul.

Hand Luggage

You should carry your personal medication and malaria tablets in your hand luggage. Don't forget your passport, Scout introduction card (with picture attached) and any medical cards you have.

Hand luggage (subject to change) one item, not exceeding dimensions of 56 x 45 x 25cm or weighing more than 10kg. No sharp objects or liquids over 100 ml.

Hold Luggage—reminder there are strict weight restrictions though the allowance has been increased to 20 Kg, remember you must be able to carry your own bag. If you can fit it in please bring a toilet roll; there are 2 mosquito nets that need space.

Travel to the Gambia

Monarch-MON 6478 leaves Gatwick at 0900 Tuesday 8 December. As discussed at the training weekend we have decided to stay at a Travel Lodge at Gatwick on Monday. Those travelling from the North of the Country will fly from Edinburgh to Gatwick. Our return flight is MON 6479 leaving 5 January 2010 at 1630 local time, arriving at Gatwick at 2215 hrs. Those people flying back to Edinburgh will again stay at the local Travel Lodge and fly out from Gatwick back to Edinburgh on 6 January, flights as previously notified.

Everyone will travel in expedition polo shirts and the appropriate trousers/skirts/kilts.

Those travelling from Cambridgeshire should have informed Jane whether they are being met at the airport or in Cambridge. The mini-bus will leave from Bluntisham at 6.30 pm on 7 December, do not be late.

Reminder—payment schedule

You should have paid into your account £1,500 plus any additional amount for activity wear. The cost for the Travel Lodge on 7th December is £13.35; those staying at the Travel Lodge on 6 January 2010 need to pay £15.71, these amounts do not include the cost of the shuttle to the airport which is £3. You will also need to bring some money with you for any snacks at the airport.

Pocket Money

You may if you wish pay your pocket money into the Gambia Account between 16th and 25th November—maximum £100 (though you may bring less) We recommend that you do not bring sterling or dollars as we cannot be responsible for any loss.

