

Personal Kit List – Germany 2010



ALL items of personal property should be name labelled with an indelible pen – especially on Expedition items – there will be many of us wearing the same kit!

To Wear on Journey

- Full Uniform including
 - Shirt, Trousers, Belt
 - Ely District Neckerchief & Woggle
- T-Shirt (not Expedition Logo)
- Boots

To Pack in Day Sack for the Journey

- Waterproof coat
- Sunglasses
- Expedition Hat & Hoodie or Sweatshirt
- Personal Entertainment for Coach - Reading Material, Cards
- Sweets - to be consumed on coach only!
- Personal medicines (including any inhaler/epi-pen)

To Pack in Rucksack (one only - no other bags allowed)

N.B. All kit must be packed in a single Rucksack that the Young Person can carry themselves.

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| <ul style="list-style-type: none"><input type="checkbox"/> 1 Sleeping Bag - May be carried separately<input type="checkbox"/> 1 Roll Mat - Must be a foam carry mat (No Airbeds)<input type="checkbox"/> 1 Pillow - optional, but if taken must fit into the rucksack.<input type="checkbox"/> Expedition T-Shirt / Polo Shirt<input type="checkbox"/> Waterproof Trousers<input type="checkbox"/> Plate/Bowl/Mug – Melamine, CLEARLY labelled with full initials.<input type="checkbox"/> Knife/Fork/Spoon – Metal, again CLEARLY labelled.<input type="checkbox"/> Underwear/socks for 9 days - Including 3 pairs of thick hiking socks<input type="checkbox"/> T-Shirts/Polo Shirts for 9 days - Including extra expedition kit if purchased<input type="checkbox"/> Shorts & Trousers for 9 days – including at least 3 pairs of shorts & 3 pairs of long trousers<input type="checkbox"/> Long-sleeved Shirt x2<input type="checkbox"/> Jumper/Hoodie/Fleece x2 | <ul style="list-style-type: none"><input type="checkbox"/> Swimwear<input type="checkbox"/> Spare Belt<input type="checkbox"/> Warm Hat & Gloves<input type="checkbox"/> Night Wear<input type="checkbox"/> Trainers/Plimsolls x2<input type="checkbox"/> Wash Kit - Including Toothbrush / Toothpaste / Flannel / Soap / Comb / Roll on Deodorant / Shaving Kit (If required)<input type="checkbox"/> Towels – 1 hand & 1 bath<input type="checkbox"/> Torch & batteries - Including 2 spare sets of batteries – all batteries packed separately from torch<input type="checkbox"/> Polythene Bags x4 - For dirty clothes.<input type="checkbox"/> Sun Cream<input type="checkbox"/> Insect Repellent |
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To Be Carried Separately

- 1 Lightweight, Fold-Up, Camp Chair
- 1 Sleeping Bag – if cannot be fitted in rucksack.

These items must be clearly labelled with the owner's name.

Banned Items - Must **NOT** be Brought on Trip

- Knives (except eating knife – see above)
- Spray Deodorant
- Gas Powered Beauty Products
- Lighters and Smoking Related Items
- Alcohol
- Glass Items

If any of these items are found they will be confiscated.